



# THE ACADEMY

HEMLOCK & HUNGRY

## **JOB VACANCY – Lead Academy Physical Performance Coach**

**Employer:** AFC Wimbledon

**Location:** New Malden, Surrey

**Position:** Lead Academy Physical Performance Coach

**Salary:** PT £12-15k

**Highest Minimum Qualifications:** BSc Strength & Conditioning, Sports Science or equivalent (min)

**Closing Date:** The deadline for applications is **2pm, Friday 13<sup>th</sup> November**

**Role Description:** AFC Wimbledon are offering an exciting opportunity for a graduate physical performance coach / S&C coach / Sports Scientist to work in the Academy.

The role will involve:

### **Management**

1. To oversee the Academy Physical Performance/Sports Science Department with regards to delivery of sessions, management of volunteers/placement students and development of the physical curriculum for all U9-18s
2. To develop the physical curriculum specific to the needs of each phase
3. To contribute towards each players' Individual Learning Plan (ILP)
4. To contribute towards the multidiscipline aspect of Player Development Report (PDR) forms and attend the review evenings bi-annually
5. To attend, as and when, appropriate meetings regarding key issues within the academy
6. To ensure that the Academy Philosophy, Vision and Culture are upheld at all times, whilst adhering to Football League Guidelines in order to ensure the Club's status as a Category 3 Academy.
7. To ensure good communication with the Academy Management Team

### **Tasks & Responsibilities**

1. To deliver sessions focused on improving players' physical development (including but not limited to; speed, agility, power, strength, fitness)
2. To work with individual players to enhance their physical development & ensure the delivery of high quality individual sessions to players in each phase
3. To oversee the development of any part time volunteers / placement students with session observations, feedback and CPD sessions
4. To oversee the appropriate recording of session plans, evaluation and training minutes on the PMA
5. To oversee the departments Nutritional Programme including education to both players and

### **AFC Wimbledon Academy**

The Cherry Red Records Stadium, Jack Goodchild Way, 422a Kingston Road,  
Kingston upon Thames, Surrey, KT1 3PB

Tel: 020 8247 9911      Email: [academy@afcwimbledon.ltd.uk](mailto:academy@afcwimbledon.ltd.uk)



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HOME GROWN & HUNGRY

parents.

6. To ensure the recording of PHV and Anthropometric data and it's use within the academy
7. To work with the SS&M Manager to carry out fitness testing and evaluate the data recorded
8. To work with the Medical team to deliver Screening to all players annually
9. To ensure Training Load is monitored throughout the academy
10. To ensure all appropriate data is uploaded and stored correctly on the PMA

**In addition to these duties, the job holder is required to carry out such other duties as may be reasonably required.**

## PERSON SPECIFICATION

### QUALIFICATIONS

#### ESSENTIAL

- BSc in Sports Science, Strength & Conditioning or equivalent
- FA Safeguarding qualification
- FA First Aid qualification and/or EFAiF
- Enhanced DBS clearance

#### DESIRABLE

- MSc in Sports Science, Strength & Conditioning or equivalent
- FA Level 1 Coaching Qualification
- UK SCA accreditation
- Gym / Fitness Instructor Qualification
- Clean Driving Licence

### KNOWLEDGE, SKILLS AND EXPERIENCE (desirable)

- At least 2 years' experience coaching in a sports environment
- Experience dealing with young players, parents and be able to demonstrate appropriate interpersonal and communication skills
- Experience in a range of IT applications
- High levels of motivation and the ability to dedicate time to the programme as the schedule determines
- Strong Leadership and Management skills
- Excellent communication & standard setting skills
- Experience with the PMA system

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**How to Apply:** To apply for the position please email [academymedical@afcwimbledon.ltd.uk](mailto:academymedical@afcwimbledon.ltd.uk) for an application form. A completed application form should be submitted by **2pm, Friday 13<sup>th</sup>**

**November**, Please clearly state in the subject line "Academy Lead Physical Performance Coach".

AFC Wimbledon is an equal opportunities employer.

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