
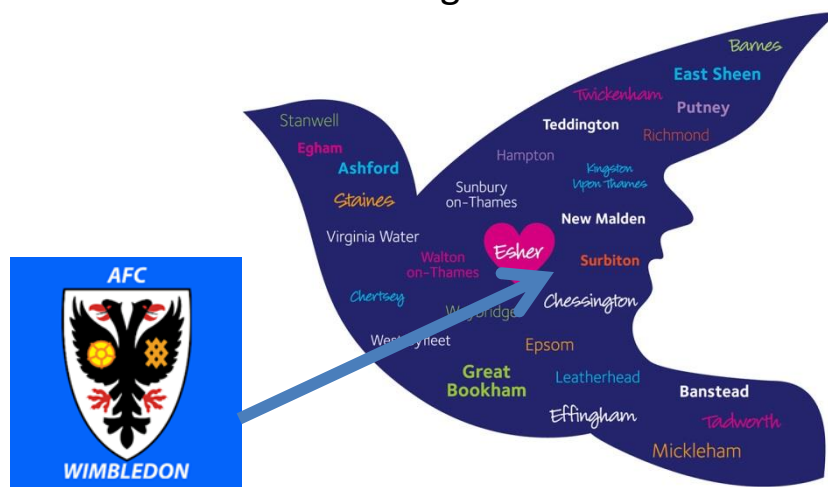


# Princess Alice Hospice

## About us

For 32 years, Princess Alice Hospice has been providing free, high quality specialist end of life care to tens of thousands of people with life threatening illnesses. Our compassionate support, comfort and advice helps families, carers and friends during their loved one's illness and through the process of grief and loss. We deliver our care across a large part of Surrey, south west London and Middlesex. Kingsmeadow – the current home of AFC Wimbledon - is right in the  of our care area.



More than a million people are eligible for our help and at any one time over 800 people are receiving it. We offer holistic care that reaches far beyond giving someone the best treatment we can at the end of his or her life.

## What Do We Offer?

### The Hospice

Our Hospice at Esher has a 24 bed ward which enables patients to come in for a short period to address symptoms that can be difficult to treat at home; for others our Hospice is the best place for their end of life care. It has beautiful grounds maintained by volunteers that patients can look out onto, a sanctuary and a communal restaurant where patients, families,



staff and volunteers can eat together. The Hospice is a place we try to make people feel at home and as comfortable as possible. One patient who needed to be admitted was able to bring his heavily pregnant dog with him. She delivered her litter of puppies under his bed that night. Another patient had their horse brought to the grounds, as they wanted to see it one more time before they died.

## **Hospice at Home**

Hospice at Home brings the skills and expertise of our team of specialist palliative care doctors, nurses, social workers, welfare advisers, chaplain and therapists straight into the home to give around 800 patients, their families and carers access to the vital support they need in their homes where they choose to be.

## **Day Services**

Day Services helps people to manage their symptoms, to build confidence and to begin to regain control of their lives within the limits of their condition. Patients (and their carers) can opt to attend group, day or one hour sessions at our Hospice in Esher for physiotherapy, a range of complementary therapies, advice on practical and financial matters as well as spiritual and emotional support.

## **Patient and Family Support**

Our care extends to the emotional, social and spiritual needs of our patients and their carers, families and friends including children and young people. We deliver this care in the community and at the Hospice. Our qualified and experienced team includes social workers, a chaplain and a bereavement support co-ordinator. The illness and death of someone you love can have a profound and lasting impact – at any age. We know that everyone responds to grief in their own way. Through our children and young adults bereavement group Dovetail - our specially trained team of bereavement volunteers help them through the stages of their grief.



## **The Man Shed**

The Man Shed was built as it was noticed that the number of bereaved women who come forward for care and support from us far outnumbered men and we wanted to find a new way to reach out to these 'missing men', including bereaved husbands; men caring for their partner; and men coming to terms with their own terminal illness. It is a fully equipped DIY workshop in our Hospice grounds, where men and women can work alongside each other on a variety of projects including repairing and up-cycling furniture, bicycle maintenance etc - a space not only for men and women, but for our teenage group meetings, patients, carers and for bereaved relatives.

## **Compassionate Neighbours**

Compassionate Neighbours provide volunteers to support anyone experiencing loneliness or social isolation because of age or illness, including those living with a chronic, long-term or terminal illness and dementia. We recruit and train volunteers to deliver this.

## **Volunteering**

We have over 1,200 volunteers in over 80 different roles supporting our charity. Their time and energy are essential and add enormous value to our services.

## **Education and Research**

We are a leading provider of courses, study days and training programmes covering palliative and end of life care for health and social care professionals in the UK and internationally. We are a regional training centre for The Gold Standards Framework in Care Homes and Domiciliary Care programmes.



## Income Generation

It costs over £9.5 million each year to provide our much needed services and as a charity we rely on our local community to generate 74% of our income (we only receive 26% of this through the NHS funding and grants).

Of this 74% required to run the Hospice we need to raise £841,000 in 2018-2019 from community events, donations from supporters such as the Dons and our many challenges including skydive and the London Marathon. Our relationship with AFC Wimbledon would be an amazing partnership to help us achieve this target.

The next few decades will see enormous pressure put on the provision of end of life care and support for families and carers. We are making it our mission to reach out to more people by delivering this outstanding care, nurturing compassionate communities, sharing our knowledge and expertise and influencing the debate around death and dying.

A hospice is more than a place to die – one of our patients, Simon, said this

“From hoist, to getting dressed and washing my body with the help of a nurse, end of life advice, physio, occupational therapy, pastoral care, lots of cuddles and loving conversations, medicine I had never heard of, to the tranquillity of the magnificent gardens, limitless visiting times, daily fresh flowers, music performers, therapies, delicious meals, peaceful ambiance, “man-shed” and of course all the amazing staff. I have only mentioned a sample of what I’ve benefited from”

Our video ‘Family Time’ sums this up

<https://www.youtube.com/watch?v=UsHer1R6Ts4>

